

# Snuneymuxw News

Informing the people of the Snuneymuxw First Nation about issues that matter

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The SFN Newsletter is also available online at:  
[www.snuneymuxw.ca/newsletter](http://www.snuneymuxw.ca/newsletter)



Snuneymuxw News is published monthly.  
Snuneymuxw First Nation, 668 Centre St., Nanaimo, B.C. V9R 4Z4  
Tel: 250-740-2300, 1-888-636-8789, [communications@snuneymuxw.ca](mailto:communications@snuneymuxw.ca)

**June 26, 2024**



# huy 'ul' 'uy' un. syaas, sii'em!

Congratulations on your well-deserved success!  
Thank you for using your gifts to help.

Please enjoy celebrating your  
accomplishments this summer!





## June 24, 2024: Snuneymuxw's Petroglyph Development Group acquires Casino Nanaimo



Chief Mike Wyse with Terrance Doyle (President & Chief Development Officer of Great Canadian Entertainment)



We celebrate our partnership with Great Canadian and our entry into B.C.'s casino industry. We are committed to bringing Snuneymuxw's local expertise to an established tradition of outstanding guest service and meaningful community contributions. Honouring the decades of work by past Snuneymuxw Chiefs and Councils, we look forward to closing the definitive agreement and realizing our collective vision with the Great Canadian team. This collaboration promises to bring significant benefits and substantial economic growth to our Nation and the local community.



- Chief Mike Wyse



Erralyn Joseph with Pat Davis (CEO of BCLC)



The Snuneymuxw group of companies are profoundly honoured to support Snuneymuxw economic growth in significant and meaningful ways. In addition to our pending acquisition of the business, we are honoured to announce the return of the associated land once closing is completed, a part of the Snuneymuxw xwsol'lexwel village. On behalf of the Board of Directors, we are pleased to share this news and remain committed to advancing the region's economic growth in support of all its residents.



- Erralyn Joseph, President of Petroglyph Development Group (PDG)



Ilan Simpson, Chief Executive Officer of PDG



Acquiring this significant asset will unlock unprecedented economic potential for Snuneymuxw and PDG, paving the way for transformative growth in Snuneymuxw's economy and the profits that PDG returns to our Nation.



- Ilan Simpson, Chief Executive Officer of Petroglyph Development Group (PDG)





# 2024 tsetsuw' hiw'a'lum' 2024 Coast Salish Games

Hosted by Snuneymuxw First Nation

## July 22 - 26, 2024

Soccer, Track & Field, Paddling, Basketball, Bone Game ... and more!



Dano Thorne  
danot@snuneymuxw.ca

[www.SnuneymuxwEvents.com](http://www.SnuneymuxwEvents.com)

tsetsuw' hiw'a'lum'  
Hosted by Snuneymuxw First Nation







# SNUNEYMUXW *Days*



Hosted by Snuneymuxw First Nation

July 26 - 28, 2024

Padding, Basketball, Kids Zone, Marketplace, Food Trucks ... and more!



Kate Good  
kateg@snuneymuxw.ca

[www.SnuneymuxwEvents.com](http://www.SnuneymuxwEvents.com)





# Call for volunteers

## 2024 tsetsuw' hiw'a'lum' 2024 Coast Salish Games

Hosted by Snuneymuxw First Nation

July 22 - 26, 2024

Soccer, Track & Field, Paddling, Basketball, Bone Game ... and more!



## SNUNEYMUXW *Days*



Hosted by Snuneymuxw First Nation

July 26 - 28, 2024

Paddling, Basketball, Kids Zone, Marketplace, Food Trucks ... and more!



**APPLY HERE**







# Snuneymuxw



## **Attention all Graduates - Grade 12 and Post Secondary:**

Please complete your Graduation forms and send them back to myself as soon as possible to have you and your family included in our celebrations.

### **SAVE THE DATE:**

**Grade 12 Graduation Ceremony - July 3rd 2024**

***(Dinner at 5pm)***

**Post-Secondary Graduation Ceremony - July 4th 2024**

***(Dinner at 5pm)***

Please submit your Grad photos to [chenoap@snuneymuxw.ca](mailto:chenoap@snuneymuxw.ca) or contact her by phone at 250-740-2316 or 250-668-7180 before June 20, 2024.





**yu-qw'i'qw'ulus** = June  
"summer weather is coming"



**Canoe Season is happening!**

Jacob James Seward in the lead on a single man canoe. Jacob will be competing in the Hilo World Sprints in August!!  
Good Luck, Jacob!! (photo credit Nancy Seward)







Did you know that in hul'q'umi'num' we count canoes differently from regular numbers?

canoe/car/vehicle = snuwulh

**we add the suffix = wulh** to the end of our number



- kw'inuwulh = 'how many canoes?'
- nets'uhwulh = 'one canoe'
- themuhwulh = 'two canoes'
- lhwuwulh = 'three canoes'
- xuthinuwulh = 'four canoes'
- lhq'etssuwulh = 'five canoes'
- t'xumuwulh = 'six canoes'
- tth'a'kwsuwulh = 'seven canoes'
- te'tssuwulh = 'eight canoes'
- toohwuwulh = 'nine canoes'
- 'upenuwulh = 'ten canoes'



Use this QR Code to listen to fluent speakers pronounce these words!

1. open the camera app on your iPhone or iPad
2. Point the camera at the QR code
3. Tap the banner that appears



Did you know that the Elders use canoe words when they talk about cars?

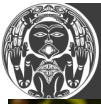
snuhwulh	'canoe' -> 'car'
tl'ulumthut	'to steer' -> 'to drive'
'aalh	'to get aboard a canoe' -> 'to get in a car'
'ula'ulh	'to be aboard a canoe' -> 'to be in a car'
qw'im	'to disembark' -> 'to get out of a car'
q'lhan	'bow' -> 'front of the car'
q'lhanum	'to go to the bow' -> 'to get in the front seat'
'ile'uq	'stern' -> 'back seat'
s'ile'uq	'to be aft, in the stern' -> 'to be in the back seat'



Use this QR CODE to learn "Commands from your Skipper"

ie.  
 thuythut ee!  
 thuythut 'ee!  
 =  
 fix up!  
 fix up!

source: SFU SQWAL



SNUNEYMUXW FIRST NATION

***We're hiring!***



**SUMMER STUDENTS**

**REFERRALS CLERK**

**LANDS DIRECTOR**

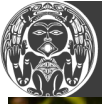
**ENVIRONMENTAL ASSESSMENT COORDINATOR**

LEARN MORE + APPLY

[www.snuneymuxw.ca/jobs](http://www.snuneymuxw.ca/jobs)







SNUNEYMUXW FIRST NATION

***We're hiring!***



**EARLY CHILDHOOD EDUCATOR  
(FULL TIME, PERMANENT)**

**EARLY CHILDHOOD EDUCATOR  
OR  
EARLY CHILDHOOD EDUCATOR ASSISTANT  
(CASUAL/SUB, ON-CALL)**

LEARN MORE + APPLY

[www.snuneymuxw.ca/jobs](http://www.snuneymuxw.ca/jobs)





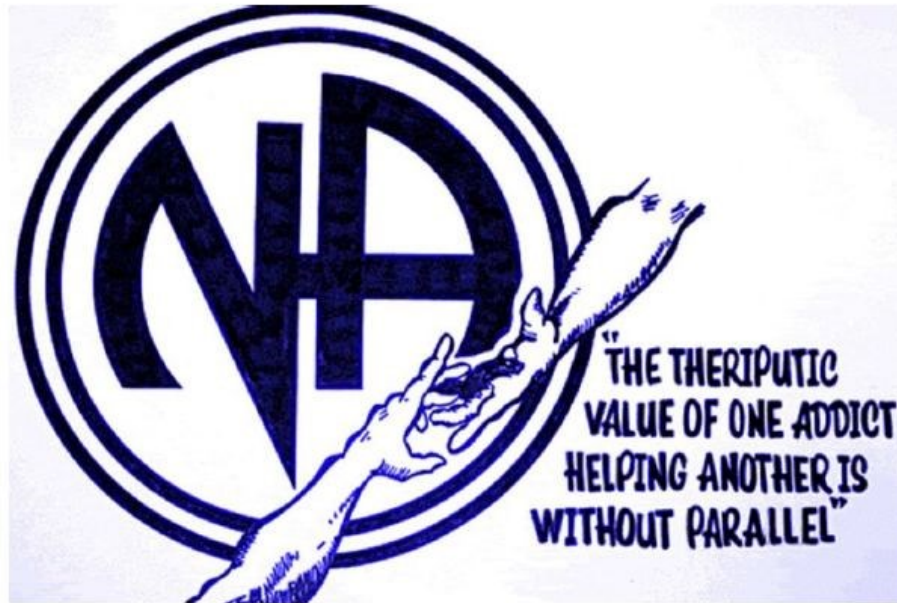
## 2024 SOCIAL ASSISTANCE DATES

### MID-MONTH

### S/A DAYS

<b>JAN. 10/24</b>	<b>JAN. 24, 2024 (FOR FEBUARY)</b>
<b>FEB. 07/24</b>	<b>FEB. 21, 2024 (FOR MARCH)</b>
<b>MAR. 06/24</b>	<b>MAR. 20, 2024 (FOR APRIL)</b>
<b>APR. 03/24</b>	<b>APR. 17, 2024 (FOR MAY)</b>
<b>MAY 01/24</b>	<b>MAY 15, 2024 (FOR JUNE)</b>
<b>JUN. 05/24</b>	<b>JUN. 19, 2024 (FOR JULY)</b>
<b>JUL. 03/24</b>	<b>JUL. 17, 2024 (FOR AUGUST)</b>
<b>AUG. 07/24</b>	<b>AUG. 21, 2024 (FOR September)</b>
<b>SEPT. 04/24</b>	<b>SEPT. 18, 2024 (FOR October)</b>
<b>OCT. 02/24</b>	<b>OCT. 23, 2024 (FOR NOVEMBER)</b>
<b>NOV. 06/24</b>	<b>NOV. 20, 2024 (FOR December)</b>
<b>DEC. 04/24</b>	<b>(TBA) DEC. 2024 (FOR JANUARY)</b>





**When : Wednesdays @ 7pm**

**Where : 669 Centre Street**

**(in the Portable)**

More info  
about NA  
programs:



[www.cviana.ca/who-we-are](http://www.cviana.ca/who-we-are)

Info about the  
importance of  
anonymity:



Find more  
local  
meetings:



[www.cviana.ca/current-meetings](http://www.cviana.ca/current-meetings)



# SNUNEYMUXW HULIT LELUM SUPPORT SERVICES

## SFN Counselling Services

**SNUNEYMUXW HULIT LELUM  
1451 MACMILLAN RD., NANAIMO, B.C.  
OFFICE: 250-740-2337**

Our counsellors at SFN hulit lelum have completed trauma-informed, master's level university education and are certified counsellors.

Our counsellors are available Monday to Friday to support Snuneymuxw members.

Some of the areas that our counsellors may be able to help with include, but are not limited to:

- Anxiety
- Depression
- Grief & Loss
- Loss of relationships (friends, partners)
- Coping with anger
- Dealing with difficult emotions
- Coping skills / emotional regulation
- Self-esteem / self-worth
- Communication
- Creating healthy boundaries
- Coping with racism and discrimination
- Coping with impact of residential school and day school
- Concerns about your own, or someone else's substance use

If our counsellors determine that you may be better supported by another service provider (for example, someone who specializes in a particular area) they can help you navigate other options.



### ADDITIONAL HELPFUL RESOURCE INFO:

#### **SNUNEYMUXW EMPLOYEE BENEFITS:**

If you are employed with Snuneymuxw First Nation, you may be eligible for extended health benefits, such as confidential counselling services through the Employee & Family Assistance Plan. Please refer to your benefits package and/or speak to Human Resources to find out more and to verify if you are eligible.

#### **FNHA MENTAL HEALTH BENEFITS:**

If you are a status First Nations person living in B.C., you can access certain health & wellness benefits through First Nations Health Authority (FNHA) such as confidential counselling services. There are numerous counsellors to choose from on their mental health provider list. SFN counsellors are happy to support you with navigating the FNHA mental health provider list. For more information, please visit: [www.fnha.ca/benefits/mental-health](http://www.fnha.ca/benefits/mental-health)

#### **SNUNEYMUXW FAMILY ADVOCATE:**

Samantha Wesley supports families in Snuneymuxw who are connected with Child & Family Services.

*Remember: You are not alone. You have options.*

#### **CRISIS / DISTRESS RESOURCES:**

##### **KUU-US Crisis Line Society (24-hour)**

Adults/Elders: 250-723-4050

Child/Youth: 250-723-2040

Toll Free Line: 1-800-588-8717

##### **Vancouver Island Crisis Society (24-hour)**

Phone: 1-888-494-3888

Text: 250-800-3806 (6pm - 10pm)

Online chat: [www.vicrisis.ca](http://www.vicrisis.ca) (6pm – 10pm)

##### **National Residential School Crisis Line (24-hour)**

1-866-925-4419

##### **Hope For Wellness Help Line (24-hour)**

Offers immediate help to all Indigenous peoples across Canada

Toll-free Help Line: 1-855-242-3310

Online Chat: [www.hopeforwellness.ca](http://www.hopeforwellness.ca)

##### **Crisis Line Association of B.C. (24-hour)**

1-800-SUICIDE (1-800-784-2433)





## HOW TO ACCESS SFN COUNSELLING

**1.**

Call SFN hulit leum  
and ask to speak  
with a counsellor.  
250-740-2337



**2.**

We connect you with  
a counsellor (referral  
process).



**3.**

We call you when  
process is complete.



**4.**

We book your first  
appointment and  
look forward to  
welcoming you.



SNUNEYMUXW HULIT LELUM

1451 MACMILLAN RD.,  
NANAIMO, B.C.

Reception: 250 740 2337



## Garbage & Recycling

Recycling pickup                      Wednesday  
Garbage pickup                      Monday & Thursday

Please have your garbage and recycling out by 8:00 am on the day of the service

**Please remember that all recyclables MUST be in a clear plastic bag or in a bin.**

**The recycling depot does not accept anything in a dark garbage bag.**

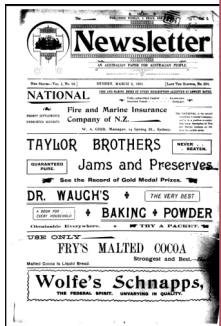
Are you interested in signing up to be on the list for delivering the Snuneymuxw News? .....

If so please call the Main office at 250-740-2300 and

ask for your name

to be added to the list of people who deliver the

SFN Newsletter.



## SFN MEMBERS—

### PLEASE UPDATE YOUR CONTACT INFORMATION

Please call the office at: 250-740-2300 or email: mail@snuneymuxw.ca

Please provide your latest contact information including address, phone numbers, email and any other updated information.

*Thank you for your help!*

## Handy Numbers

SFN Office: 250-740-2300

Chief Administration Officer -

Joan Brown: 250-740-2300

Health Centre: 250-740-2337

QQS School: 250-754-3033

Daycare: 250-740-2348

Tuytaxun Store: 250-753-4214

Saysutshun: 250-754-7893

RCMP/non-emergency: 250-754-2345

## HEALTH CLINIC & EMERGENCY

**Cheryl Mooney**

250-668-2644

cmooney@snuneymuxw.ca

**Marina White**

250-668-5244

marinaw@snuneymuxw.ca

**Regan Seward**

250-616-3582

regans@snuneymuxw.ca

**Ashley (Housing)**

250-619-0137

ashleyw@snuneymuxw.ca

**Check out the latest Nation job postings:**

[www.snuneymuxw.ca/jobs](http://www.snuneymuxw.ca/jobs)

**Follow us on Facebook:**

[www.facebook.com/SnuneymuxwFirstNation](http://www.facebook.com/SnuneymuxwFirstNation)

Visit [www.snuneymuxw.ca](http://www.snuneymuxw.ca) for more info and to sign up to have the newsletter sent by email.

SFN newsletters are also posted on the website as PDFs.