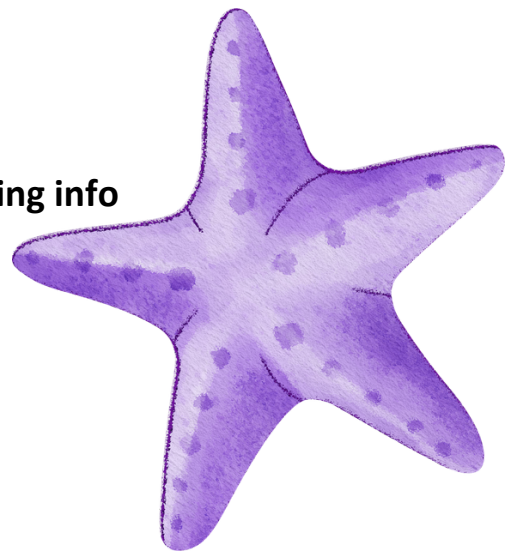


Snuneymuxw News

Informing the people of the Snuneymuxw First Nation about issues that matter

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- Hulit Lelum support services - Updated Housing info
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Newsletters also available online at: www.snuneymuxw.ca/newsletter



tuṁqwe'unxw
(August)

tuṁkwélus
(Hot time, know the sun)

tuítuluw
(Wild Animals)

squpástul
(Gathering, meeting)

qulumstuxw
(Camping)

xe'xe ci:túlmunsce:lhtun shxwuwéli
(Thank sacred salmon family)



FILL FORM OUT AND BRING TO
ADMIN OR EMAIL TO
CHENOAP@SNUNEYMUXW.CA

Snuneymuxw News



SNUNEYMUXW FIRST NATION

SCHOOL REGISTRATION FORM

Please print and return it to Education Department

STUDENT INFORMATION

Student Name _____ Status# _____
First Name MI Last Name
First Nation Band _____ Living On Reserve Yes ☐ No ☐
Reserve Location IR # _____

PARENT CONTACT INFORMATION

Legal Parent/Guardian Name _____
Email Address _____ Work/Cell Phone _____
Emergency Contact Name: _____ Relationship to Student _____
Emergency Phone _____ Email _____

SCHOOL INFORMATION

School Name _____
Student Grade _____ School Year: **S E P T 2026- J U N 2027**

SNUNEYMUXW POLICY

1. All services and supports provided will be in accordance with the Snuneymuxw Education Policy
2. **90% attendance** is required to be eligible for student allowance benefits for students in Grades 8 – 12 and not missing more than **5 days** of school Per Month
3. Please provide student direct deposit form – must match student name
4. **STUDENT email**; _____
5. Student Allowance Highschool Cheques will be processed up receipt of attendance records from the schools.

Dates to Remember: Local Snuneymuxw Area Student Forms Received by
Aug 14 can pick up Aug 19-21
Aug 21 can pick up Aug 26 -28

Parent/Guardian Name _____
Please Print

Parent/Guardian Signature _____ Date _____

Snuneymuxw First Nation, 668 Centre St., Nanaimo, B.C. V9R 4Z4
Tel: 250-740-2300 / 1-888-636-8789 Fax: 250-753-3492
info@snuneymuxw.ca



Snuneymuxw

First Nation

www.snuneymuxw.ca

Consent for Exchange of Information with any Public/Private Schools

SCHOOL INFORMATION

Date _____

Student Name _____ Student D/O/B _____

School Name _____

Student Grade _____ School Year: **SEPT 2026 - JUN 2027**

Parent/Guardian _____ Parent Phone Number _____

I/We understand that this signed Consent is for Exchange of Information only. This is so SFN and the eligible school is a condition of eligibility for support services. This is a continuing Consent that is valid until I/We revoke it by contacting Snuneymuxw First Nation Education Department Support Worker or Education Coordinator in writing and withdrawing my/our consent.

Parent/Guardian Name _____

Signature: _____

SNUNEYMUXW POLICY

- All information on this form is required by Parents/Guardians to provide and should any information changes please inform Snuneymuxw Education Department to update your child's student records to Snuneymuxw First Nation Education Department between any Public/Private Schools.
- All confidential school relevant educational services: Advocacy Support/Parent Meetings, Special Needs Services / Professional Referrals and/or any other program/service-staff accessed by the child/family who are involved with Snuneymuxw First Nation Education Department.
- If you require support or advocacy, please connect with the Snuneymuxw First Nation Education Department.

Snuneymuxw First Nation, 668 Centre St., Nanaimo, B.C. V9R 4Z4

Tel: 250-740-2300 / 1-888-636-8789 Fax: 250-753-3492

info@snuneymuxw.ca



August UPDATES

SAYSUTSHUN FAMILY FUN DAY



We were proud to partner with Kw'umut Lelum for Family Fun Day on Sautshun!

hay ch a' to everyone who joined us for a wonderful day of connection, culture, and community.

See more event photos here



SNUNEYMUXW DAYS

We had a great day connecting with you at Snuneymuxw Days!

hay ch a' to everyone who stopped by our booth to say hello, learn more about PDG, and celebrate with us.



PDG & Lahal Casino Management Team

JOB OPPORTUNITIES

Stay updated: petroglyphdg.com/careeropportunities.





SNUNEYMUXW HULIT LELUM
1451 MACMILLAN ROAD, NANAIMO, B.C.
Event for Snuneymuxw members and their families

XE'XE QA'TST **XE'XE STUWIXWULH** (SACRED WATER – SACRED CHILDREN)

CHILDREN'S HEALTH FAIR



FRIDAY
AUGUST 21



11:00AM – 2:00PM



DOOR PRIZES • LUNCH • BOUNCY CASTLE
HAIRCUTS • FACE PAINTING • GIVE AWAYS
FUN FOR THE WHOLE FAMILY!



SERVICES OFFERED:

- Dental Health
- Vision Screening
- Hearing Screening
- Nutrition
- Infant & Early Childhood Development
- Physician Booth
- Mental Health & Wellness
- Nursing – Immunizations
- Environmental Health & Drinking Water Education
- Community Safety
- Jordan's Principle
- Family Support Programs



DOOR PRIZES!
LUNCH!
GIVE AWAYS!

If you have any questions, please contact
Elizabeth at elizabethf@snuneymuxw.ca
or 250-740-2337.

IN PARTNERSHIP WITH:



First Nations Health Authority
Health through wellness



PAL & CORE Courses offered at Snuneymuxw

CALLING ALL SNUNEYMUXW MEMBERS,

Are you interested in gaining or renewing your gun license? Are you passionate about safe firearm handling and animal identification?

Join us for upcoming PAL and CORE training courses and build the knowledge and certifications needed for safe and responsible hunting.

PAL - Possession and Acquisition License Non-Restricted Firearms

 August 24, 2026

 8:30 AM – 4:30 PM

 669 Centre St (Snuneymuxw Education Portable)

CORE - Conservation and Outdoor Recreation Education

 August 25–26, 2026

 8:30 AM – 4:30 PM

 669 Centre St (Snuneymuxw Education Portable)

Registration Required! To register or to answer your questions, please contact Robert Phillips:

 robertp@snuneymuxw.ca

 250-740-2300

Please note: Space is limited so sign up today!



AUGUST 7, 2026

COMMUNITY NOTICE: HARVESTING & ANIMAL REMAINS DISPOSAL

‘u’y skweyul Snuneymuxw hunters,

We respectfully ask all members to remember and uphold our traditional teachings by showing respect for the animals that provide for us and for the lands and waters that sustain us.

Please dispose of animal remains in a respectful way:

- **Return carcasses and bones to the mountains.**
- **Return fish remains to the waters where they were harvested.**

By doing this, we honour the animals that provide for us and help care for the land and water for future generations.

⚠ Please remember: Animal remains must not be left in neighbourhoods, near roads, parks, public spaces, or on public or private property where they could attract wildlife or create safety concerns.

Hide Donations Welcome: If you have hides you'd like to donate for traditional drum making, freezer space is available to store them until they can be used for cultural purposes.

hay ch a’

Questions? Contact Robert Phillips at 778-269-3085



AUGUST 7, 2026

COMMUNITY NOTICE: RECYLCING REMINDER

‘uý skweyul,

We would like to kindly remind you to follow these guidelines when recylcing.

items accepted:



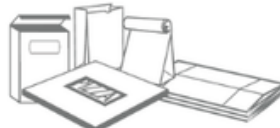
Aluminum Containers



Steel Containers



Paper



Paper Packaging and Cardboard



Plastic Containers



Cartons and Paper Cups

items not accepted:



Glass Jars and Bottles



Other Flexible Plastic



Foam Packaging



Plastic Bags and Overwrap

⚠️ **Black garbage bags and glass are not accepted in recycling carts.**

hay ch qa’

Questions? Contact Brandon Gillis at 250-802-3985



shya:yus nuwúyulhéwtw

POST SECONDARY SUPPORT



Search possible career paths

Explore careers and programs you think you might love.



Complete the application form

Forms are available:

At front desk of
Snuneymuxw admin building



Learn more about yourself

Explore how your unique gifts, interests, and aptitudes may be helpful and connect you to an exciting career and future.



Submit your application to our waitlist

Email applications to:

[✉ nancys@snuneymuxw.ca](mailto:nancys@snuneymuxw.ca)



Complete required paperwork

We'll work together to complete required paperwork with Snuneymuxw Administration and the Post-Secondary Institution

Prepare for courses

We can help you secure what you need:

- Books?
- Supplies?
- Course materials?



Questions?

thixwum, contact Nancy Seward

[✉ nancys@snuneymuxw.ca](mailto:nancys@snuneymuxw.ca)



shya:yus nuwúyulhéwtw

EMPLOYMENT SUPPORT PROGRAM

STEPS TO APPLY FOR TRAINING & WORK SUPPORT

1. Complete a personal information form

Forms are available:

At front desk of Snuneymuxw
admin building

2. Book an appointment with the team

Please contact **Chenoa Point**:

 (250) 740-2300

 chenoap@snuneymuxw.ca

Please come to your appointment
prepared with a list of requirements
for employment



3. If application is approved

- An appointment will be booked to purchase items with Chenoa

OR

- You will be registered for the certification/training needed

Examples:

- Safety gear
- Equipment
- Certifications
- Course information
- Letter from employer stating that the training/certificate is required for position and that you will be employed

Ready to get started?

thixwum, Contact Chenoa Point

 chenoap@snuneymuxw.ca



Snuneymuxw **CHASE THE ACE** *FUNDRAISER*

*All proceeds will directly support programming and activities
for snuneymuxw youth and elders*

DRAW SCHEDULE: WEDNESDAYS AT 2:00PM
(AT HULIT LELUM & FACEBOOK LIVE)

TICKET PRICE: \$5/TICKET OR \$20 FOR 5 TICKETS

HOW TO BUY TICKETS:

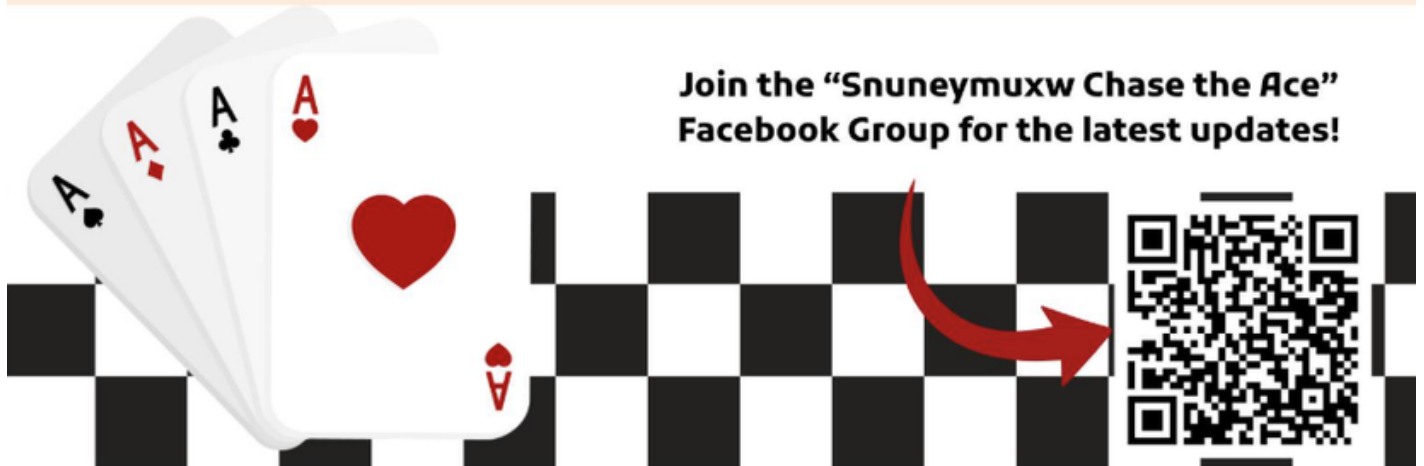
Kate Good: 250-619-7703 (EMT: kateg@snuneymuxw.ca)

Samantha Wesley: 250-268-7725 (EMT: pulutthiye@gmail.com)

Peter Seymour: 236-594-6607 (EMT: p.seymour70@outlook.com)

hulit lelum front desk (EMT: in-person or 250-740-2337)

Join the "Snuneymuxw Chase the Ace"
Facebook Group for the latest updates!





When : Wednesdays @ 7pm
Where : 669 Centre Street
(in the Portable)

More info
about NA
programs:



www.cviana.ca/who-we-are

Info about the
importance of
anonymity:



Find more
local
meetings:



www.cviana.ca/current-meetings



HOW TO ACCESS SFN COUNSELLING

1.

Call SFN hulit leum
and ask to speak
with a counsellor.
250-740-2337



2.

We connect you with
a counsellor.



3.

We book your first
appointment and
look forward to
welcoming you.



SNUNEYMUXW HULIT LELUM
1451 MACMILLAN RD.,
NANAIMO, B.C.
Reception: 250 740 2337



HOW TO GET HELP FOR SUBSTANCE USE

- 1.** Call SFN hulit leum and ask to speak with a counsellor. 250-740-2337
- 2.** We book your first appointment and look forward to welcoming you.
- 3.** You and a counsellor have a confidential conversation to discuss the following:
 - a) Your physical and mental health.
 - b) Whether detox support is needed before starting treatment.
 - c) Review treatment options including treatment centres.
 - d) The support we can provide while you wait for additional help.
- 4.** Plan for ongoing and post treatment support.



SNUNEYMUXW HULIT LELUM
1451 MACMILLAN RD.,
NANAIMO, B.C.
Reception: 250 740 2337



SNUNEYMUXW HULIT LELUM SUPPORT SERVICES

SFN Counselling Services

SNUNEYMUXW HULIT LELUM
1451 MACMILLAN RD., NANAIMO, B.C.

Front Desk: **Appointment Line:**
250-740-2337 **250-740-2345**

Our counsellors at SFN hulit lelum have completed trauma-informed, master's level university education and are certified counsellors.

Our counsellors are available Monday to Friday to support Snuneymuxw members.

Some of the areas that our counsellors may be able to help with include, but are not limited to:

- Anxiety
- Depression
- Grief & Loss
- Coping with racism and discrimination
- Coping with impact of residential school and day school
- Concerns about your own, or someone else's substance use

If our counsellors determine that you may be better supported by another service provider (for example, someone who specializes in a particular area) they can help you navigate other options.

SNUNEYMUXW HOUSING EMERGENCY CONTACT INFORMATION (AFTER-HOURS SUPPORT)

Emergency Line: 250-716-6548

Emergencies include:

- Safety concerns
- Fire or flooding
- Immediate risk to life
- Damage or risk to the structure
- Locked out / no access



ADDITIONAL HELPFUL RESOURCE INFO:

SNUNEYMUXW EMPLOYEE BENEFITS:

If you are employed with Snuneymux First Nation, you may be eligible for extended health benefits, such as confidential counselling services through the Employee & Family Assistance Plan. Please refer to your benefits package and/or speak to Human Resources to find out more and to verify if you are eligible.

FNHA MENTAL HEALTH BENEFITS:

If you are a status First Nations person living in B.C., you can access certain health & wellness benefits through First Nations Health Authority (FNHA) such as confidential counselling services. There are numerous counsellors to choose from on their mental health provider list. SN counsellors are happy to support you with navigating the FNHA mental health provider list. For more information, please visit:

www.fnha.ca/benefits/mental-health

SNUNEYMUXW HULIT LELUM SUPPORT SERVICES

Derrick Seward supports families in Snuneymuxw who are connected with Child & Family Services.

Office: 250-740-2337

Cell: 250-797-4522

Email: derrick.seward@snuneymuxw.ca



Remember, you are not alone. You have options.

CRISIS / DISTRESS RESOURCES:

KUU-US Crisis Line Society (24-hour)

Adults/Elders: 250-723-4050

Child/Youth: 250-723-2040

Toll Free Line: 1-800-588-8717

Vancouver Island Crisis Society (24-hour)

Phone: 1-888-494-3888

Text: 250-800-3806 (6pm - 10pm)

Online chat: www.vicrisis.ca (6pm - 10pm)

National Residential School Crisis Line (24-hour)

1-866-925-4419

Hope For Wellness Help Line (24-hour)

Offers immediate help to all Indigenous peoples across Canada

Toll-free Help Line: 1-855-242-3310

Online Chat: www.hopeforwellness.ca

Crisis Line Association of B.C. (24-hour)

1-800-SUICIDE (1-800-784-2433)



GARBAGE & RECYCLING

**RECYCLING PICK UP:
WEDNESDAY**

**GARBAGE PICK UP:
MONDAY & THURSDAY**

Please have your garbage and recycling out by 8:00 am on the day of the service.

Please remember that all recyclables **MUST** be in a clear plastic bag or in a bin.

(The recycling depot does not accept anything in a dark garbage bag.)

MEMBER CONTACT INFO:

**Has your email, phone number,
or address changed?**

Please update your contact information, with our membership team. This helps us keep you informed about important updates.



ONLINE FORM:

www.snuneymuxw.ca/membership



QUESTIONS?

Contact our membership team at:

250-740-2300

membership@snuneymuxw.ca

hay ch qá' (thank you) for your help!

HEALTH CLINIC & EMERGENCY

**Health Centre Front Desk:
250-740-2337**

**Health Centre
Appointment Line:
250-740-2345**

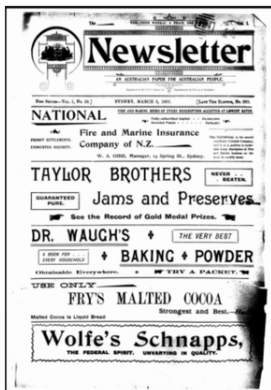
**Cheryl Mooney
250-668-2644
cmooney@snuneymuxw.ca**

**Marina White
250-668-5244
marinaw@snuneymuxw.ca**

**Regan Seward
250-616-3582
regans@snuneymuxw.ca**

**Housing:
250-740-2354**

**Are you interested in
delivering the
Snuneymuxw News?**



If so, please call the
Main Office
250-740-2300
and ask for your name
to be added to the list of
people who deliver the SFN
Newsletter.

**Check out the latest
Nation Job Postings:**

www.snuneymuxw.ca/jobs

Follow us on Facebook:

[www.facebook.com/
SnuneymuxwFirstNation](http://www.facebook.com/SnuneymuxwFirstNation)

SFN NEWSLETTERS

Also available on the
website as PDFs:

[www.snuneymuxw.ca/
newsletter](http://www.snuneymuxw.ca/newsletter)

Visit www.snuneymuxw.ca for
more info, and to sign up to have
the newsletter sent to you by email.

HANDY NUMBERS

**SFN Admin Office:
250-740-2300**

Joan Brown: 250-740-2300

Health Centre: 250-740-2337

QQS School: 250-754-3033

Daycare: 250-740-2348

**Tuytaxun Store:
250-753-4214**

**Saysutshun:
1-866-788-6243**

**RCMP/ Non-Emergency:
250-754-2345**

